



r/cults



Search Reddit



Advertise



r/cults

Posts



Posted by u/Anonymousasker1996 3 days ago



129

Have you heard of a cult called human design?



Discussion

So I met someone who was into this new age idea system called "human design." Just the name alone sounds culty. Basically the idea is that based on when you are born, every aspect of your life is laid out for you, where you should live, what you should eat, how you should work, etc. there are 5 different human design categories: generators, manifesting generator, projector, reflector, manifestor. Mainly I will be talking about manifestor and generators (mani and gen Hereon). So apparently Gens comprise 70 per cent of people, gens have a lot of energy to get stuff done and the main way they do this is through "responding." Responding to who might you ask? Well the Manis, who apparently comprise less than 10 per cent of the population. They barely have any energy compared to gens but they have all the big ideas and it's their job to initiate ideas for gens to respond to. See where this is going? So based on when you were born, it is decided whether you are a born leader or doomed follower. Now let's look at the leader, Alan R Krakower, wait sorry, I mean Ra Uru Hu (check your cult bingo cards for leader adopting a spiritual name)... can you guess what his design is? If you guessed generator you are wrong! Of course he is a mani! One cannot create a cult without a built in principal that condemns 70 percent of the world to his service. This isn't even as nutty as it gets. If you look into what Ra Uru Hu is saying today, you will find claims that an alien species called Raves (I'm dead serious) will be living among us soon, and that everyone who isn't living according to their design by 2060 will DIE! Hear that generators? You better start bringing those manifestors their lemonade or the raves might get you. In all seriousness I would love to see Cults to Consciousness, Owen Morgan, Zelph, Jimmy Snow all talk about this group. When I try to research them as a cult barely anything comes up, but it seems this movement has steam, including companies that base their structure on Human design. Just putting this out there for awareness.



64 Comments



Share



u/upwork · Promoted

Give the gift of Upwork and make all of your year-end staffing dreams come true. Finish the year strong with highly-qualified, on-demand talent who are ready to work and help you solve your business needs. Hiring is quick, easy and seamless. Go on...

upwork.com

Sign Up

Comment as [UnschoolingEveryFam](#)

What are your thoughts?

About Community



r/cults

A place for discussion about cults and other new age religious movements.



Created May 28, 2009

120k

Members

65

Online

Join

Create Post

COMMUNITY OPTIONS



r/cults Rules

1. All links to information must be from quality or reliable sources
2. Remove any unnecessary personal information from social media posts
3. No off-topic or low effort content
4. Please title your posts accurately
5. Try to make one large post, rather than multiple smaller ones
6. Make sure to flair your post accordingly
7. If you are a part of the news/media or are looking to conduct research,



r/cults



Advertise



B *i*

Markdown Mode

Comment

Sort By: Best



Search comments



littlebigmama810 · 3 days ago

Yes. And the people into it are insufferable.

85 Reply Share ...



Anonymousasker1996 **OP** · 3 days ago

Agreed. It's crazy how it's so batshit but flies under the radar. The person I knew was apparently a manifester and use it as an excuse to an a lazy narcissist with a messiah complex.

41 Reply Share ...



littlebigmama810 · 3 days ago

Yes!!! It's used to excuse shitty behavior.

20 Reply Share ...



Ill-Quantity-9909 · 2 days ago

Just like astrology, or Myers Briggs, etc. I agree with you but I don't think the actual thing itself is a cult. I had a reading like 5 years ago and it was mostly really empowering. Anyone can take empowering advice and twist it to their own advantage.

0 Reply Share ...



Incraigulous · 1 day ago

I smell a manifester...

0 Reply Share ...



Ill-Quantity-9909 · 1 day ago

Nope. Empowering in the sense of it gave me ideas of things to try, not empowering in the sense of dominion over others...

1 Reply Share ...



sweetsaskymolassy · 1 day ago

Was this person Perri Chase lol

2 Reply Share ...

requesting to identify a cult must provide suitable context

9. No widening, narrowing, or shifting the definition of related cult terminology

10. Be respectful when dealing with sensitive topics

Moderators

Message the mods

u/Thaumas

[VIEW ALL MODERATORS](#)



r/cults



Advertise



I won't say they weren't Perri Chase

↑ 2 ↓ Reply Share ...



Abdlomax · 3 days ago

This is not particularly a new idea, but the elaboration is new (and culty weird,) Landmark Worldwide introduces what is called a "myth" which means an idea that can be useful whether or not it is literally true. In the myth, you chose your parents and the challenges you face because you were, or were like, a god, and it was boring to be eternally perfect, so you created birth and forgot your true nature.

Sometimes Landmark myths, also called distinctions, are taken as if dogma, which they are explicitly not. They represent possible points of view that have been found to be useful, It is similar to Mahayana Buddhism., I have in mind the Heart Sutra.

↑ 26 ↓ Reply Share ...



Anonymousasker1996 OP · 3 days ago

I have heard Alan Watts talk about this. The idea of god living innumerable lives of pleasure and decadence until it gets boring until the only way to feel any pleasure or excitement is to temporarily forget it's past and true nature. After enough of these lives you'd keep going further and further out until you were born into the life you currently have. How does this relate to HD?

↑ 15 ↓ Reply Share ...



Drakeytown · 2 days ago

I went to one Landmark meeting forever ago, definitely saw how a person could get hooked. They spend hours telling you you're amazing, all your dreams can come true, all that's standing in your way is you, just write down your greatest ambitions and we'll help you with a plan to get you there--oops, time's up, if you want more of the same, come back for our all weekend session, only \$500!

↑ 4 ↓ Reply Share ...



Abdlomax · 2 days ago · edited 2 days ago

If you get "hooked", it's because you did attend that meeting (which was three days plus one evening, and something worked and you wanted more. It wasn't just because of the alleged promises, which are here distorted from what is actually claimed in an Introduction. Landmark has no resemblance to Human Design except for some origins in the human potential movement.

This "time's up" idea is total nonsense. I held Introductions in a Burger King meeting room, and when the formal process was over, you were already in a cheap restaurant for whoever wanted to stay and chat. Further, if you want to go deeper with that process, you could attend as many introductions as you wanted. They were free.

↑ -2 ↓ Reply Share ...



r/cults



Advertise



Hey, this guy is a reincarnated god, everyone! Lucky us...

↑ 3 ↓ Reply Share ...



HellbornElfchild · 3 days ago

My best friend's little sister has recently gotten into this, it's like her whole Instagram page now. Seemed like a typical new agey astrology/yogi MLM. But yeah, that sounds way zanier than I expected!

↑ 23 ↓ Reply Share ...



Anonymousasker1996 OP · 3 days ago · edited 3 days ago

That's why I'm doing this. It seems just like harmless from the outside, like an astrology/Meyers Briggs mashup, but the ideas that are believed in this can lead a lot to people getting hurt and match up with the bite model pretty spot on. To be fair you won't hear about the Raves right off the bat that's a hard sell but the information isn't hidden the cult leader is espousing it openly. We need people with platforms to expose this group, the leaders and ideas need to be ridiculed, it needs to be synonymous with groups like Scientology in the public mind.

↑ 20 ↓ Reply Share ...



UnschoolingEveryFam · just now

HD is creeping into parent support groups. I would like to expose and ban it from my group. I'm gathering resources. Do you have any you could share with me? I follow the BITE model, too. I met Steve Hassan when I exited a cult in 1982. He was running an ex-member group at Boston U. Maybe we could connect? I joined Reddit just to comment here.

↑ 1 ↓ Reply Share ...



laffnlemming · 3 days ago

None of the claptrap peddling new age notions are every truly harmless, because the ideas push out reality.

↑ 9 ↓ Reply Share ...



zepazuzu · 3 days ago

I have an acquaintance who has an HR business based on this. They have clients.

↑ 13 ↓ Reply Share ...



Anonymousasker1996 OP · 3 days ago

Woof

↑ 10 ↓ Reply Share ...



r/cults



Advertise



I do some business coaching and had a prospective client who told me her human design profile showed that she was not put on this earth to work, just to inspire other people to work, and she needed help finding out how she could make that into a business. Without doing literally *any* work - wouldn't even reply to emails or make a website for herself, because it went against her human design.

I was not able to help her lol

↑ 11 ↓ Reply Share ...



Anonymousasker1996 OP · 2 days ago

Sounds like anarcissistic "manifestor" lol. Their life strategy is to initiate and not respond so just what you're talking about is the logical conclusion of those ideas. I once had someone tell me that manifestors used to be the kings of the world then proceeded to name Maya Angelou Hitler and Mao I the same breath lol 🤔

↑ 2 ↓ Reply Share ...



Loliryder · 2 days ago

Amazing.

↑ 1 ↓ Reply Share ...



espressohour · 1 day ago



↑ 1 ↓ Reply Share ...



runnybee · 3 days ago

I have friends into this. While I wouldn't call it a full cult, the people that do the readings spend TONS of money on it and the belief system is pretty in depth. Had one "friend" try to imply I shouldn't be with my husband bc I wasn't "living my design" by marrying him instead of having multiple partners. Quite weird.

↑ 19 ↓ Reply Share ...



Ambitious_GaI_0131 · 2 days ago

I agree it isn't a cult. I'd say it's more like astrology or MBTI.

↑ 0 ↓ Reply Share ...



fansometwoer · 3 days ago

This dude is Hubbardian (Hubbardish? Hubbard-esque).

<https://youtu.be/GFhtAUjnFQU?si=XROeOIPim0Gk4tjE>

↑ 6 ↓ Reply Share ...



r/cults



Advertise



The Hubbard/Reiner club lol.

↑ 4 ↓ Reply Share ...



500bce · 3 days ago

A few years ago when I was into new age stuff I had a human design reading. There's so much to this system that can become dangerous for ppl that really believe it. There's a whole past life element to the reading. Apparently in most of my past lives I was royalty *cue eyeroll*

↑ 3 ↓ Reply Share ...



brownhellokitty28 · 3 days ago

Yes, I used to be into it lol. Glad I'm not anymore.

↑ 3 ↓ Reply Share ...



babyalfalfa64 · 1 day ago

Same!

↑ 1 ↓ Reply Share ...



Temporary_Position95 · 3 days ago

I keep picturing people with glow sticks and pacifiers showing up with X and a DJ. I'm in with the Raves.

↑ 3 ↓ Reply Share ...



this_duck_has_spoken · 3 days ago

This is fascinating, particularly the stats. Because nearly everyone I know who is into this claim to be manifestors... so something doesn't add up!

↑ 5 ↓ Reply Share ...



Tshaika · 2 days ago

Maybe that's because it's mostly the narcissistic manifestors who stay interested in it, because it suits their grandiose ideas of themselves, while people who turn out to be just generators lose interest, because that's not so appealing? I looked at the system and it seems like they tried to turn an analogue system (astrology) into a digital system (64 hexagrams), which doesn't really fit, so it all turns out to be very strained and vague. Didn't appeal to me at all, because the pattern was so flawed and incongruent. Is it about the digitalisation of human beings? That thing looks like an electrical diagram. Creepy.

↑ 3 ↓ Reply Share ...



Anonymousasker1996 OP · 3 days ago



r/cults



Advertise



have initiated, or one where you are some world-changing firebrand that is meant to sit back in your thrown and employ 70% of the world to do your bidding? I think that's why the manifestors community is so toxic... it takes a narcissist to believe that about themselves

↑ 2 ↓ Reply Share ...



Ill-Quantity-9909 · 3 days ago

I mean... that's not really the point of it. You've taken the basic idea of it and translated it into something terrifying. I used to be into it but I'm not any more because I don't really like any kind of prescriptive system. But it's similar to saying 'Leos love being the centre of attention' or 'Virgos are really organised'. Anything is dangerous if you take it too literally or apply it to rigorously to your life, but there's a difference between Human Design and actual cults, and you are all freaking out unnecessarily.

↑ 3 ↓ Reply Share ...



babyalfalfa64 · 1 day ago

I disagree. I've done extensive research on the beginnings of HD and Krakower. How much HD material have you actually read? It's not simply typographical, and although Krakower definitely says all different designs can live in harmony if they're living their design, he's ultimately incredibly pessimistic and believes that we often do and will segregate in the real world based on design. That's incredibly different from saying "all Leos love being the center of attention."

↑ 1 ↓ Reply Share ...

Ill-Quantity-9909 · 3 days ago

All my comments said - if someone comments with first hand experience of being involved and it being culty, then maybe it is.

↑ 3 ↓ Reply Share ...

human-ish_ · 3 days ago

I've never heard of this before but I took their little quiz and I'm a projector.

But in other news, the founder claims that on a specific day he heard a voice that began to give him all the information that he wrote down. Divine knowledge? Stinks of cult. Also, In seeing claims of people spending thousands of dollars on material and classes, so definitely has an mlm vibe. But they make it hard to get out, once you've been hooked, which is mlm and cult tactics. I'm leaning towards cult.

↑ 4 ↓ Reply Share ...

navigationallyaided · 3 days ago

I'm too am a projector. Some of it makes sense but I'm also putting caution in the wind as well.

↑ 0 ↓ Reply Share ...



r/cults



Advertise



It's not really a cult though, there's no central system or leader that 'takes people in'. It's just a different version of astrology. People just pay a lot for expensive readings. I don't think there's any more to it than that. Some of it is actually quite interesting if you can take a step back and see it as a series of patterns, a bit like astrology or Myers Briggs. I think because it's so kinda... mathematical / formulaic, people get REALLY obsessed with it, but that's not different from being obsessed with astrology etc.

↑ 10 ↓ Reply Share ...

Ill-Quantity-9909 · 3 days ago

I've met some of the people who are central to it, and a lot of my friends got super into it, but it's mostly a thing they chat about and give life advice like... 'you should consider trying yoga' etc.

↑ 3 ↓ Reply Share ...

fansometwoer · 3 days ago · edited 3 days ago

More of an MLM? It mostly just creates other human design coaches. Still cult-like. And I've not seen anything about it that is in any way methodical or mathematical.

↑ 2 ↓ Reply Share ...

Ill-Quantity-9909 · 2 days ago

Not sure if it's MLM like... someone I used to be close friends with (I moved away so we lost touch) offered readings and I think she learned everything from free information. Within Human Design, I never personally came across a system like DoTerra or Access Consciousness (that one - definitely a cult / MLM) that offered expensive trainings or tried to make you recruit other people. People just get really passionate about it and I actually know a fair few people who would do readings for free, or very cheaply, or in exchange for other things, and would share information freely with each other. Like I said before - just my experience.

↑ 3 ↓ Reply Share ...

fansometwoer · 2 days ago

Yes I get it, not immediately obvious, but that Yu Hu Ova Here guy was giving some classic word salad in the vid I watched. The business coach stuff looks more mlm-y to me. Or just a scam in the way Scientology sucks money off people

↑ 1 ↓ Reply Share ...

navigationallyaided · 3 days ago

It seems cult-ish but not quite on the same level as say, Landmark or Fredrick Lenz/Geoff Malone. It's a new age theory in a similar vein as astrology.

↑ 6 ↓ Reply Share ...

Anonymousasker1996 · 3 days ago · edited 3 days ago

[Back to Top](#)



r/cults



Advertise



structured, think about the harm it could do people. While astrology is definitely woo-woo, At least astrology doesn't have a centralized body or figure telling people what to believe. This group has a man at the center of it that divides people into ruling and subservient classes and tells everyone if they aren't living according to his system by a certain time they're going to die. If you look up HD anywhere most things you find are very positive. That's why I'm trying to create awareness, to stop this before it has a chance to really start. While the structure may not be there, the ideology and direction of the groups beliefs hits all points of the BITE model

↑ 10 ↓ Reply Share ...

navigationallyaided · 3 days ago · edited 3 days ago

Yea, a friend introduced me to this - she advised don't spend money on this. Until they have initiation rituals, a hierarchy between "students" and leaders, there's an element of "us vs. them, getting followers into a trance via meditation(again, Lenz but also Falun Dafa) and a lot of the information isn't in the "open", I'm approaching with caution. I was in a Lenzian cult myself.

I know people who've done Landmark(also the genesis for lululemon as well), that's just a cult in the open.

↑ 3 ↓ Reply Share ...

Anonymousasker1996 OP · 3 days ago

What's a Lenzian cult?

↑ 3 ↓ Reply Share ...

navigationallyaided · 3 days ago

The most current one is Ashira Meditation based out of San Francisco but they're also in Hawaii, Budapest, Munich and Bangalore. It was known as Buddha Dojo and SF Awakened Mind. It's run by a former student of Frederick Lenz.

[r/escapefrombuddhadojo](#), [this](#) and [this](#) for more information.

↑ 7 ↓ Reply Share ...

sneakpeekbot · 3 days ago

Here's a sneak peek of [r/EscapeFromBuddhaDojo](#) using the [top posts](#) of all time!

#1: [Burning the Buddha Dojo & Awakened Mind Bridge by Cannedtuna](#)

#2: [Thank you for creating this group](#)

#3: [Found this great article "How to identify a cult: Six tips from an expert"](#)

I'm a bot, beep boop | [Downvote to remove](#) | [Contact](#) | [Info](#) | [Opt-out](#) | [GitHub](#)

↑ 1 ↓ Reply Share ...

Ill-Quantity-9909 · 3 days ago

<https://youtu.be/GFHtAUjnFQU?si=XROeOIPim0Gk4tjE>



r/cults



Advertise



ish) reading a few years ago. I'm not into it any more, but there's no teaching at all that you 'should' follow anyone, or that some types are subservient, it's more like, you should look for opportunities that other people give you - such as job interviews, or invitations to parties, etc. because you are better suited to responding to things rather than kinda initiating things out of the blue. Also the idea of 'generators' is that they should respond to an inner instinct, whereas 'manifestors' can just initiate things based on an idea. Some of it is quite clever, and even if it's not true, it leads to some interesting ways of looking at things. There's something kinda satisfying about it, a bit like astrology. Most people that are into it see themselves similarly to astrologers. Some people do get insanely obsessed with it, that's why I let it go. He said I should look into being a stand up comedian because I'm able to make funny observations of society based on my reading... That's it. No initiation, no subservience (even though I'm not the 'manifestor' type...).

↑ 4 ↓ Reply Share ...

Metruis · 3 days ago

I have heard of it, did a personality test for it once upon a time. I assumed it was just some kind of zodiac thing. Never met anyone who was "really into it" though and I had no idea it had a 'cult leader' behind it.

↑ 2 ↓ Reply Share ...

Tr33mari3 · 3 days ago

Interesting.

↑ 2 ↓ Reply Share ...

Spiritual_Job_1029 · 3 days ago

Sounds ridiculous.

↑ 2 ↓ Reply Share ...

randomquestions108 · 2 days ago

No wonder it's hard to find information on it. If you want to know more you have to pay thousands of dollars.

↑ 2 ↓ Reply Share ...

Evolving_Spirit123 · 2 days ago · *edited 2 days ago*

It's a cult??? I just started getting interested in it. Drat

↑ 2 ↓ Reply Share ...

Anonymousasker1996 · 1 day ago

Look Up the 2027 prophesy to get a taste of the deep crazy in it lol



r/cults



Advertise



Evolving_Spirit123 · 1 day ago

Lol it sounds so crazy

↑ 1 ↓ Reply Share ...

VulcanDiver · 2 days ago

I'm pretty into the new age woo woo stuff (I love sound healing and reiki) and human design is kinda like a new version of astrology. They base a lot of it on where you were born, what time of day, what planets you have in your chart, all of that. It's supposed to explain who you are the way your planetary signs do (FWIW I hate when people assign obnoxious traits to their signs, take some accountability hahaha).

I find that kind of thing interesting, but I also feel like SO much of New Age information is generic and will fit anyone. I'm a manifesting generator apparently, and the lady who first told me about it said something like "while I'm a hard worker, I've had adversity in my past and that influences me in these ways but I'm so creative and I'm gonna change the world," yeahhhhh like no one else on this planet has to work hard and has had adversity before haha. I read about it and smile at it but I also make my own destiny and don't base large life decisions off that stuff, you know? I think a lot of this stuff is really created for and *designed* 😊 for people who want desperately to feel like they're somehow set apart, extra special, the Superman in the world of Clark Kent's haha.

↑ 1 ↓ Reply Share ...

Anonymousasker1996 · 2 days ago

Not to out myself but I'm a reiki healer as well. I don't sell it do it for myself mainly and people I'm close to. But anyways- "Super man in a world of Clarke Kent's." That's pretty funny. I agree feel like peoples need to feel special can push them down dark paths like joining cults. I can't stress enough the HD isnt just like astrology. That's how they want it to seem on the front end so they can start feeding people unhinge conspiracies once they've invested too much

↑ 3 ↓ Reply Share ...

rightioushippie · 3 days ago

Thank you for this breakdown!

↑ 1 ↓ Reply Share ...

PwnySoprano · 2 days ago

He passed away in 2011. Who's perpetuating the teachings now?

↑ 1 ↓ Reply Share ...

Anonymousasker1996 · 1 day ago

His kids and those who have made their life's success from it.



r/cults



Advertise



xool420 · 1 day ago

I haven't heard of it, but 2 sentences in and I can guarantee it's a cult lol



1



Reply

Share



jaded_idealist · 20 hr. ago

Human Design is something akin to astrology, Enneagram, MBTI, etc. With Human Design it's based on birthdate and time like astrology is vs taking a personality test like MBTI and Enneagram. So the typing itself is something you can agree with or not. Like astrology and such.

But like with those things, anyone with nefarious intent can use them to control people. And individuals can take anything and have it become their whole personality.

It isn't a cult. But high control groups might make it part of their programming.



0



Reply

Share

